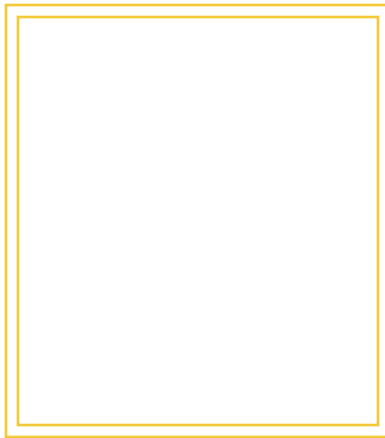
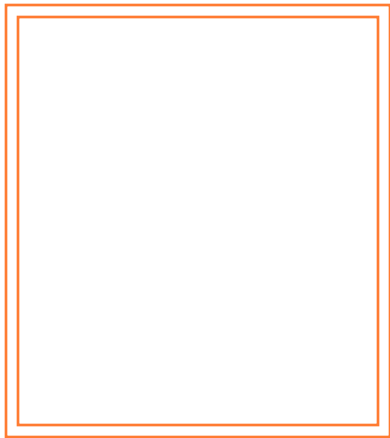


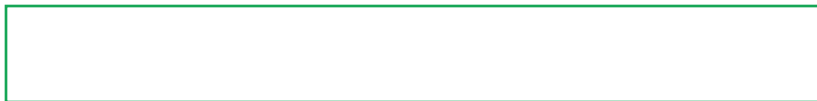
10 MINUTES TO REFLECT ON YOUR DAY

_____ Date:

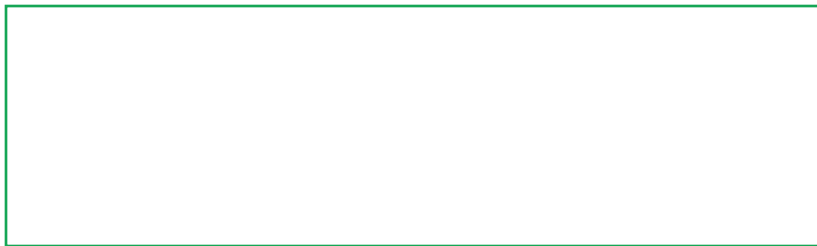
Three moments you'd like to remember:



One idea from today you'd like to explore further:



Your initial thoughts:



Two events or news stories out in the world that caught your attention:



One of the day's triumphs, big or small:



One of the day's challenges, big or small:



One thing you learned from your triumph or challenge:

